

BSL Motivational Time Sheet

2012 Short Course Yards

10 & under

Girls

Boys

white	red	blue	SE Cut	bronze	silver	gold		gold	silver	bronze	SE Cut	blue	red	white
34.79	33.89	32.89	31.09	30.06	29.21	26.80	50 FR	26.71	29.55	30.94	32.39	33.39	34.29	35.19
1:17.49	1:15.49	1:13.39	1:09.49	1:06.36	1:03.72	58.78	100 FR	58.22	1:05.26	1:08.15	1:11.59	1:14.19	1:16.09	1:19.79
2:49.49	2:43.49	2:37.69	2:33.59	2:26.53	2:21.16	2:06.6	200 FR	2:04.89	2:22.44	2:28.87	2:38.29	2:40.79	2:46.79	2:52.89
7:19.79	7:06.79	6:54.19	6:49.19	6:37.29	6:16.92	5:43.86	500 FR	5:46.85	6:24.53	6:46.11	6:54.69	6:59.39	7:12.79	7:37.29
40.89	39.79	38.49	36.99	35.52	33.74	31.21	50 BA	31.12	34.47	36.09	37.09	39.19	40.29	41.39
1:28.39	1:25.09	1:23.39	1:20.59	1:16.22	1:13.73	1:06.56	100 BA	1:04.77	1:14.49	1:18.37	1:23.89	1:27.09	1:30.49	1:33.89
45.69	44.49	43.09	41.69	40.03	37.93	33.91	50 BR	35.96	39.73	41.79	44.39	45.59	46.59	48.59
1:40.39	1:36.69	1:34.79	1:32.09	1:27.95	1:24.78	1:14.52	100 BR	1:16.83	1:27.86	1:31.60	1:37.89	1:40.29	1:43.49	1:47.09
39.99	38.89	37.59	35.29	33.51	32.35	29.54	50 FY	30.08	33.57	34.66	36.89	39.29	41.49	43.79
1:35.29	1:31.39	1:27.89	1:23.49	1:18.01	1:14.41	1:05.83	100 FY	1:05.60	1:15.93	1:20.75	1:31.59	1:32.99	1:39.69	1:49.39
1:28.79	1:26.79	1:24.49	1:20.29	1:16.30	1:14.25	1:07.13	100 IM	1:08.64	1:15.37	1:18.68	1:22.49	1:25.09	1:27.19	1:31.09
3:11.59	3:05.99	3:00.69	2:52.49	2:44.36	2:37.87	2:23.92	200 IM	2:23.63	2:42.85	2:50.63	3:01.79	3:02.69	3:08.19	3:17.39
				2:18.04	2:05.99	1:55.75	200 F.R.	1:55.01	2:11.51	2:15.14				
				2:39.83	2:21.45	2:09.07	200 M.R.	2:08.75	2:30.08	2:38.33				

11-12's

Girls

Boys

white	red	blue	SE Cut	bronze	silver	gold		gold	silver	bronze	SE Cut	blue	red	white
29.39	28.89	28.39	28.09	27.10	26.36	24.94	50 FR	23.74	26.11	26.79	28.29	28.39	28.89	29.39
1:04.99	1:03.89	1:02.69	1:01.39	59.16	57.68	54.58	100 FR	51.59	57.17	59.52	1:02.29	1:02.99	1:04.19	1:06.39
2:22.09	2:18.09	2:15.99	2:15.49	2:07.77	2:04.19	1:58.18	200 FR	1:51.52	2:04.91	2:08.65	2:16.89	2:20.49	2:24.79	2:29.69
6:26.59	6:16.59	6:07.39	6:01.69	5:44.72	5:34.97	5:21.35	500 FR	5:05.26	5:35.14	5:47.43	5:58.99	6:21.79	6:40.29	7:08.09
13:25.19	12:50.59	12:32.89	12:25.69	12:09.89	11:31.78	11:00.13	1000 FR	10:43.91	11:46.80	12:42.69	13:19.39	13:58.79	14:15.79	14:30.99
35.39	34.69	33.99	32.99	31.70	30.69	27.21	50 BA	27.48	30.43	31.36	33.09	34.09	34.79	36.09
1:13.99	1:12.69	1:11.39	1:11.09	1:07.48	1:05.83	1:01.15	100 BA	57.71	1:05.89	1:08.24	1:11.99	1:15.39	1:18.09	1:20.89
39.59	38.79	37.99	37.19	35.34	33.95	30.83	50 BR	30.04	33.74	35.49	38.29	38.49	39.39	40.99
1:26.69	1:23.89	1:22.39	1:21.29	1:17.97	1:14.98	1:07.05	100 BR	1:06.19	1:15.71	1:19.38	1:23.89	1:26.69	1:29.79	1:32.99
33.29	32.69	31.99	31.49	29.60	28.85	27.00	50 FY	26.30	29.02	30.28	32.09	32.79	34.09	35.49
1:17.39	1:14.69	1:12.09	1:10.99	1:06.44	1:04.28	1:00.05	100 FY	57.66	1:04.44	1:06.20	1:12.89	1:19.09	1:24.69	1:32.99
1:14.89	1:13.69	1:12.29	1:10.79	1:08.17	1:05.97	1:01.37	100 IM	59.90	1:06.51	1:08.02	1:11.59	1:12.49	1:13.79	1:16.39
2:39.49	2:35.29	2:32.99	2:31.99	2:27.00	2:21.98	2:12.09	200 IM	2:08.56	2:23.12	2:28.23	2:38.19	2:41.59	2:46.29	2:54.99
				1:58.22	1:51.84	1:44.07	200 F.R.	1:43.26	1:53.56	2:03.73				
				2:13.80	2:04.27	1:53.93	200 M.R.	1:54.21	2:06.93	2:23.13				

13-14's

Girls

Boys

white	red	blue	SE Cut	bronze	silver	gold		gold	silver	bronze	SE Cut	blue	red	white
27.79	27.39	27.09	26.59	25.95	25.23	24.20	50 FR	22.34	23.58	24.12	24.99	25.79	26.49	27.09
1:00.29	59.49	58.69	57.59	56.35	55.01	52.65	100 FR	48.67	51.32	52.72	54.89	56.49	57.99	59.49
2:09.59	2:07.89	2:05.99	2:04.99	2:00.52	1:59.02	1:53.09	200 FR	1:44.89	1:51.50	1:54.94	2:00.59	2:01.99	2:05.39	2:08.79
5:59.99	5:52.39	5:44.99	5:35.29	5:30.02	5:21.34	5:02.68	500 FR	4:44.84	5:01.77	5:11.54	5:18.39	5:35.49	5:43.29	5:58.19
11:58.49	11:44.99	11:31.89	11:29.99	11:29.60	11:08.62	10:25.24	1000 FR	9:48.65	10:23.69	10:53.48	11:29.79	11:48.99	12:28.49	12:40.99
22:04.89	21:34.89	20:33.39	20:01.49	19:23.11	18:36.26	17:08.18	1650 FR	16:28.19	17:41.82	18:28.48	19:29.49	19:42.69	20:45.99	21:29.89
1:09.19	1:08.09	1:06.99	1:05.59	1:03.21	1:01.36	57.61	100 BA	53.07	57.97	1:00.43	1:03.69	1:04.89	1:06.99	1:09.19
2:31.19	2:27.79	2:24.29	2:22.59	2:16.68	2:13.36	2:05.22	200 BA	1:55.46	2:05.10	2:12.10	2:16.69	2:19.39	2:23.09	2:26.99
1:23.09	1:20.89	1:18.59	1:15.69	1:12.15	1:09.86	1:06.99	100 BR	1:00.44	1:05.11	1:07.77	1:11.69	1:15.99	1:18.49	1:21.09
2:51.89	2:47.99	2:43.99	2:43.49	2:36.89	2:33.69	2:25.21	200 BR	2:10.34	2:23.54	2:29.62	2:38.19	2:43.39	2:47.79	2:55.99
1:09.49	1:07.39	1:06.29	1:05.49	1:03.30	1:00.92	58.09	100 FY	52.04	56.42	58.83	1:02.99	1:04.69	1:06.89	1:09.19
2:51.59	2:40.69	2:33.59	2:29.99	2:23.07	2:16.94	2:08.62	200 FY	1:56.82	2:08.56	2:12.86	2:27.49	2:31.69	2:42.99	2:47.59
2:27.09	2:25.19	2:23.09	2:22.29	2:17.91	2:15.64	2:08.75	200 IM	1:57.91	2:06.48	2:10.21	2:16.79	2:22.19	2:25.79	2:29.69
5:15.59	5:09.99	5:04.59	5:02.99	4:56.13	4:47.89	4:32.20	400 IM	4:11.19	4:28.93	4:38.74	4:48.59	4:59.59	5:10.19	5:26.39
				4:00.90	3:49.49	3:38.50	400 F.R.	3:24.51	3:38.56	3:48.64				
				4:33.12	4:16.09	4:01.36	400 M.R.	3:43.47	4:05.93	4:18.09				

Senior

Girls

Boys

white	red	blue	15-16 SE	SR SE	bronze	silver	gold		gold	silver	bronze	SR SE	15-16 SE	blue	red	white
27.49	26.99	26.49	26.09	26.09	25.00	24.65	23.43	50 FR	20.78	21.45	21.90	23.09	23.59	23.79	24.19	24.79
59.59	58.49	57.39	56.69	56.09	54.36	53.49	50.97	100 FR	45.45	47.57	48.27	50.49	51.49	51.99	52.89	54.49
2:07.89	2:05.69	2:03.39	2:01.29	1:59.79	1:56.14	1:54.57	1:50.31	200 FR	1:40.37	1:43.83	1:45.34	1:50.19	1:52.39	1:53.39	1:55.69	1:59.59
5:46.29	5:35.59	5:29.59	5:29.29	5:25.99	5:17.41	5:09.62	4:55.23	500 FR	4:31.41	4:33.86	4:49.23	5:07.29	5:07.29	5:18.69	5:19.49	5:30.69
12:11.79	11:36.59	11:15.49	11:12.79	11:10.79	11:03.42	10:50.31	10:11.20	1000 FR	9:12.69	9:50.97	10:13.54	10:42.69	10:50.89	11:03.19	11:12.09	11:35.19
21:09.99	20:49.99	20:17.09	19:58.89	19:48.19	18:52.14	18:04.48	16:50.23	1650 FR	15:33.51	16:38.28	17:07.46	18:27.19	18:47.99	18:56.29	19:17.09	19:42.69
1:08.59	1:06.89	1:05.29	1:04.39	1:04.39	1:00.05	58.62	55.57	100 BA	49.46	52.60	53.89	58.09	59.09	59.59	1:00.99	1:03.59
2:28.79	2:23.89	2:21.39	2:19.09	2:18.99	2:11.40	2:07.16	2:00.33	200 BA	1:47.75	1:56.74	1:58.75	2:06.89	2:08.79	2:09.19	2:13.99	2:20.79
1:20.39	1:17.29	1:15.39	1:13.99	1:13.99	1:09.53	1:07.43	1:02.19	100 BR	56.36	59.76	1:01.61	1:07.09	1:08.49	1:08.59	1:11.49	1:15.39
2:55.99	2:47.29	2:41.79	2:41.19	2:41.19	2:30.92	2:26.60	2:17.08	200 BR	2:04.35	2:13.47	2:16.79	2:27.49	2:29.99	2:31.99	2:39.99	2:48.99
1:06.09	1:04.59	1:03.19	1:02.39	1:02.39	59.61	58.47	54.86	100 FY	48.54	51.66	52.95	56.69	58.09	58.69	1:00.99	1:04.29
2:40.29	2:34.19	2:26.49	2:25.99	2:22.89	2:11.72	2:08.41	1:59.83	200 FY	1:49.72	1:56.78	1:58.96	2:09.79	2:11.59	2:17.89	2:18.49	2:26.79
2:25.19	2:22.59	2:19.99	2:17.89	2:17.89	2:12.40	2:10.52	2:04.07	200 IM	1:52.02	1:58.00	2:00.12	2:05.29	2:08.09	2:08.89	2:11.59	2:16.29
5:17.29	5:04.59	4:57.09	4:56.09	4:56.09	4:40.69	4:34.48	4:21.17	400 IM	3:57.64	4:13.54	4:19.21	4:37.99	4:37.99	4:48.79	4:51.19	5:01.79
					3:45.92	3:39.41	3:29.44	400 F.R.	3:06.67	3:14.66	3:20.52					
					4:12.08	4:01.86	3:53.81	400 M.R.	3:23.61	3:35.44	3:43.06					