

What Are the Benefits?

Clubs that qualify as Gold or Silver clubs will be sent a grant application following the formal announcement of the Club Excellence results. The benefits for each of the levels are as follows:

GOLD MEDAL

- Recognition as a *USA Swimming Gold Medal Club* for a period of one year. This recognition includes a Gold team banner and a results announcement on the website.
- Eligible for up to \$12,000 in grant assistance to be used for program enhancement. Following a review of the grant applications, grants are awarded based on a share system of how many clubs are chosen and their point totals.
- Use of the *USA Swimming Gold Medal Club* designation and logo in all advertising and promotional materials for a period of one year.

SILVER MEDAL

- Recognition as a *USA Swimming Silver Medal Club* for a period of one year. This recognition includes a Silver team banner and a results announcement on the website.
- Eligible for up to \$2,200 in grant assistance to be used for program enhancement. Following a review of the grant applications, grants are awarded based on a share system of how many clubs are chosen and their point totals.
- Use of the *USA Swimming Silver Medal Club* designation and logo in all advertising and promotional materials for a period of one year.

BRONZE MEDAL

- Recognition as a *USA Swimming Bronze Medal Club* for a period of one year. This recognition includes a Bronze team banner and a results announcement on the website.
- Use of the *USA Swimming Bronze Medal Club* designation and logo in all advertising and promotional materials for a period of one year.
- Eligible for possible site visit from a USA Swimming Sport Development or Sport Performance Consultant within two years of qualifying as a *Bronze Medal Club*.

Time Standards for 2012 CE Program

Women			Event	Men		
Gold	Silver	Bronze		Gold	Silver	Bronze
26.00	26.59	26.99	50 Free	23.02	23.59	24.29
56.11	57.29	58.59	100 Free	50.27	51.79	53.09
2:01.20	2:03.69	2:06.19	200 Free	1:50.55	1:53.39	1:55.89
4:15.63	4:19.49	4:24.09	400 Free	3:56.12	4:01.29	4:07.09
8:48.13	8:55.19	9:03.49	800 Free	8:16.56	8:23.09	8:35.59
17:03.92	17:06.69	17:20.49	1500 Free	15:45.48	16:02.49	16:15.49
1:02.85	1:04.69	1:05.69	100 Back	56.81	58.29	1:00.09
2:15.21	2:19.09	2:20.99	200 Back	2:03.58	2:06.29	2:09.59
1:10.57	1:12.79	1:14.29	100 Breast	1:03.04	1:05.29	1:07.79
2:31.93	2:37.19	2:39.99	200 Breast	2:17.17	2:22.09	2:27.59
1:00.77	1:02.49	1:03.59	100 Fly	54.47	55.69	57.39
2:13.98	2:16.89	2:19.69	200 Fly	2:01.86	2:04.09	2:08.39
2:17.14	2:20.69	2:23.09	200 IM	2:04.80	2:07.99	2:11.39
4:51.14	4:56.99	5:02.09	400 IM	4:27.88	4:33.09	4:38.99

If you have any questions, please contact Pat Hogan (phogan@usaswimming.org) or Tom Avischious (tavischious@usaswimming.org) or call the USA Swimming office at (719) 866-4578.